

**Asics Trabuco Hills - 4/2/2010 to 4/3/2010**  
**Track/Field Invitational & Distance Carnival**  
**Trabuco Hills High School**  
**Session Report**

Session: 1 Asics Trabuco Hills Distance Carnival  
Day 1 - Friday 4/2/2010 - Starts at 04:45 PM

	<b>Event</b>	<b>Round</b>
4:45 PM	#101 Boys 4x1600 Meter Relay Frosh/Soph	Finals
5:10 PM	#102 Girls 3200 Meter Run Open	Finals
5:26 PM	#103 Boys 3200 Meter Run Open	Finals
5:42 PM	#104 Boys 4x800 Meter Relay Frosh/Soph	Finals
5:57 PM	#105 Girls 3200 Meter Run Open	Finals
6:12 PM	#106 Boys 3200 Meter Run Open	Finals
6:34 PM	#107 Girls 800 Meter Run Frosh/Soph	Finals
6:54 PM	#108 Boys 800 Meter Run Frosh/Soph	Finals
7:09 PM	#109 Girls 800 Meter Run Open	Finals
7:29 PM	#110 Boys 800 Meter Run Open	Finals
7:50 PM	#111 Girls 1600 Meter Run Frosh/Soph	Finals
8:20 PM	#112 Boys 1600 Meter Run Frosh/Soph	Finals
8:50 PM	#113 Girls 1600 Meter Run Open	Finals
9:20 PM	#114 Boys 1600 Meter Run Open	Finals

**Asics Trabuco Hills - 4/2/2010 to 4/3/2010**  
**Track/Field Invitational & Distance Carnival**  
**Trabuco Hills High School**  
**Session Report**

Session: 2 Asics Trabuco Hills Track and Field Invitational  
Day 2 - Saturday 4/3/2010 - Starts at 08:00 AM

	<b>Event</b>	<b>Round</b>
8:00 AM	#1 Girls 3200 Meter Run Inv	Finals
8:17 AM	#2 Boys 3200 Meter Run Gene Gurule Inv	Finals
8:37 AM	#3 Boys 110 Meter Hurdles Frosh/Soph	Finals
8:47 AM	#4 Boys 110 Meter Hurdles Open	Finals
8:57 AM	#5 Girls 100 Meter Hurdles Frosh/Soph	Finals
9:17 AM	#6 Girls 100 Meter Hurdles Open	Finals
9:27 AM	#7 Boys 4x100 Meter Relay Frosh/Soph	Finals
9:37 AM	#8 Boys 4x100 Meter Relay Open	Finals
9:47 AM	#9 Girls 4x100 Meter Relay Frosh/Soph	Finals
10:02 AM	#10 Girls 4x100 Meter Relay Open	Finals
10:13 AM	#11 Boys 1600 Meter Run Doug Speck Inv	Finals
10:25 AM	#12 Girls 1600 Meter Run Inv	Finals
10:37 AM	#13 Boys 800 Sprint Medley 1-2-2-4 Frosh/Soph	Finals
10:47 AM	#14 Girls 800 Sprint Medley 1-2-2-4 Frosh/Soph	Finals
10:59 AM	#15 Boys 1600 Sprint Medley 4-2-2-8 Inv	Finals
11:11 AM	#16 Girls 1600 Sprint Medley 4-2-2-8 Inv	Finals
11:26 AM	#17 Boys 100 Meter Dash Frosh/Soph	Finals
11:41 AM	#18 Girls 100 Meter Dash Frosh/Soph	Finals
11:55 AM	#19 Boys 100 Meter Dash Open	Finals
12:09 PM	#20 Girls 100 Meter Dash Open	Finals
12:23 PM	#21 Boys 800 Meter Run Inv	Finals
12:33 PM	#22 Girls 800 Meter Run Inv	Finals
12:48 PM	#23 Boys 400 Meter Dash Frosh/Soph	Finals
1:03 PM	#24 Girls 400 Meter Dash Frosh/Soph	Finals
1:18 PM	#25 Boys 400 Meter Dash Open	Finals
1:33 PM	#26 Girls 400 Meter Dash Open	Finals
1:48 PM	#27 Boys 4x200 Meter Relay Frosh/Soph	Finals
1:58 PM	#28 Girls 4x200 Meter Relay Frosh/Soph	Finals
2:08 PM	#29 Boys 4x200 Meter Relay Open	Finals
2:18 PM	#30 Girls 4x200 Meter Relay Open	Finals
2:28 PM	#31 Boys Distance Medley 12-4-8-16 Inv	Finals
2:40 PM	#32 Girls Distance Medley 12-4-8-16 Open	Finals
2:52 PM	#33 Boys 300 Meter Hurdles Frosh/Soph	Finals
3:05 PM	#34 Boys 300 Meter Hurdles Open	Finals
3:17 PM	#35 Girls 300 Meter Hurdles Frosh/Soph	Finals
3:32 PM	#36 Girls 300 Meter Hurdles Open	Finals
3:44 PM	#37 Girls Distance Medley Frosh/Soph	Finals
3:59 PM	#38 Boys Distance Medley Frosh/Soph	Finals
4:14 PM	#39 Girls 200 Meter Dash Frosh/Soph	Finals
4:24 PM	#40 Boys 200 Meter Dash Frosh/Soph	Finals
4:34 PM	#41 Girls 200 Meter Dash Open	Finals
4:44 PM	#42 Boys 200 Meter Dash Open	Finals

**Asics Trabuco Hills - 4/2/2010 to 4/3/2010**  
**Track/Field Invitational & Distance Carnival**  
**Trabuco Hills High School**  
**Session Report**

Session: 2 Asics Trabuco Hills Track and Field Invitational  
Day 2 - Saturday 4/3/2010 - Starts at 08:00 AM

	<b>Event</b>	<b>Round</b>
4:59 PM	#43 Girls 4x400 Meter Relay Frosh/Soph	Finals
5:14 PM	#44 Boys 4x400 Meter Relay Frosh/Soph	Finals
5:29 PM	#45 Girls 4x400 Meter Relay Open	Finals
5:44 PM	#46 Boys 4x400 Meter Relay Open	Finals
8:30 AM	#47 Boys Shot Put Frosh/Soph	Finals
8:30 AM	#48 Boys Shot Put Hugo DeGroot Open	Finals
8:30 AM	#49 Girls Discus Throw Open	Finals
12:00 PM	#50 Girls Pole Vault Open	Finals
8:00 AM	#51 Girls Pole Vault Frosh/Soph	Finals
9:00 AM	#52 Boys High Jump DwightStones Open	Finals
9:00 AM	#53 Boys High Jump Frosh/Soph	Finals
9:00 AM	#54 Girls Long Jump Open	Finals
9:00 AM	#55 Boys Long Jump Open	Finals
11:00 AM	#56 Girls Long Jump Frosh/Soph	Finals
11:00 AM	#57 Boys Long Jump Frosh/Soph	Finals
11:00 AM	#58 Girls Shot Put Frosh/Soph	Finals
11:00 AM	#59 Girls Shot Put Suzanne Linn Open	Finals
11:00 AM	#60 Boys Discus Throw Open	Finals
11:30 AM	#61 Girls High Jump D.Montgomery Open	Finals
11:30 AM	#62 Girls High Jump Frosh/Soph	Finals
2:30 PM	#63 Boys Pole Vault Open	Finals
10:00 AM	#64 Boys Pole Vault Frosh/Soph	Finals
1:00 PM	#65 Girls Triple Jump Open	Finals
1:00 PM	#66 Boys Triple Jump Al Joyner Open	Finals
1:30 PM	#67 Boys Discus Throw Frosh/Soph	Finals
3:00 PM	#68 Girls Triple Jump Frosh/Soph	Finals
3:00 PM	#69 Boys Triple Jump Frosh/Soph	Finals
3:30 PM	#70 Girls Discus Throw Frosh/Soph	Finals