

Asics Trabuco Hills - 4/3/2009 to 4/4/2009
Track/Field Invitational & Distance Carnival
Trabuco Hills High School
Meet - Records

1	Girls Distance Medley Frosh/Soph	12:58.68	2008	Mt. Carmel - Mt. Carmel High School
6	Girls 100 Meter Hurdles Open	14.21	2005	Shana Woods - Long Beach Poly
9	Girls 4x100 Meter Relay Frosh/Soph	49.93	2006	- Long Beach Poly
10	Girls 4x100 Meter Relay Open	46.57	2005	Rancho Cucumonga - Rancho Cucumonga
12	Girls 1600 Meter Run Inv	4:49.15	2007	Christine Babock - Woodbridge High School
14	Girls 800 Sprint Medley 1-2-2-4 Fros	1:53.98	2007	Long Beach Poly - Long Beach Poly
16	Girls 1600 Sprint Medley 2-2-4-8 Inv	4:12.32	2008	Dana Hills - Dana Hills High School
20	Girls 100 Meter Dash Open	11.67	1994	Lakeisha Backus - Woodrow Wilson High
22	Girls 800 Meter Run Inv	2:10.15	2008	Christine Babcock - Woodbridge High
26	Girls 400 Meter Dash Open	53.95	2008	Jasmine Joseph - Long Beach Poly
28	Girls 4x200 Meter Relay Frosh/Soph	1:45.08	2006	Long Beach Poly - Long Beach Poly
30	Girls 4x200 Meter Relay Open	1:42.00	2008	Long Beach Poly - Long Beach Poly
32	Girls Distance Medley 12-4-8-16 Op	12:26.90	2006	Newport Harbor - Newport Harbor High
				W.Blue,C.Gayner,T.Bryson,M.Mead
36	Girls 300 Meter Hurdles Open	42.90	2008	Angelica Weaver - Long Beach Poly
37	Girls 3200 Meter Run Inv	10:38.27	2006	Shelby Buckley - Corona Del Mar High
41	Girls 200 Meter Dash Open	23.78	2002	Sholanda Soloman - Long Beach Poly
43	Girls 4x400 Meter Relay Frosh/Soph	4:02.62	2005	- Rancho Cucumonga
45	Girls 4x400 Meter Relay Open	3:45.45	2005	- Rancho Cucumonga
49	Girls Discus Throw Open	170-09	2003	Katie Hutchinson - San Clemente
50	Girls Pole Vault Open	19-04.00	1995	Pam Simpson - Poly, Long Beach
51	Girls Pole Vault Frosh/Soph	9-00.00	2008	Samara Strong - Chino Hills High
54	Girls Long Jump Open	19-04.00	1995	Pam Simpson - Long Beach Poly
59	Girls Shot Put Suzanne Linn Open	44-06.00	1994	Cara Heads - Newport Harbor High
61	Girls High Jump D.Montgomery Ope	6-02.00	2003	Sharon Day - Costa Mesa High
65	Girls Triple Jump Open	38-10.75	2006	Kimarie Black - Long Beach Poly
101	Girls 4x1600 Meter Relay Frosh/Soph	22:38.44	2007	- El Modena High School
103	Girls 3200 Meter Run Open	11:11.00	2008	Desiree Alexander - Newport Harbor High
105	Girls 4x800 Meter Relay Frosh/Soph	9:49.83	2007	- Corona Del Mar
107	Girls 3200 Meter Run Open	11:11.00	2008	Desiree Alexander - Newport Harbor High
109	Girls 800 Meter Run Frosh/Soph	2:24.23	2007	Jasmine Rhodes, Fr. - Long Beach Poly
111	Girls 800 Meter Run Open	2:22.53	2007	Jasmine Rhodes, Fr. - Long Beach Poly
113	Girls 1600 Meter Run Frosh/Soph	5:30.37	2007	Madison Murphy, Fr. - Woodbridge High School
115	Girls 1600 Meter Run Open	5:20.70	2008	Xemena Cruz, Jr. - Trabuco Hills High